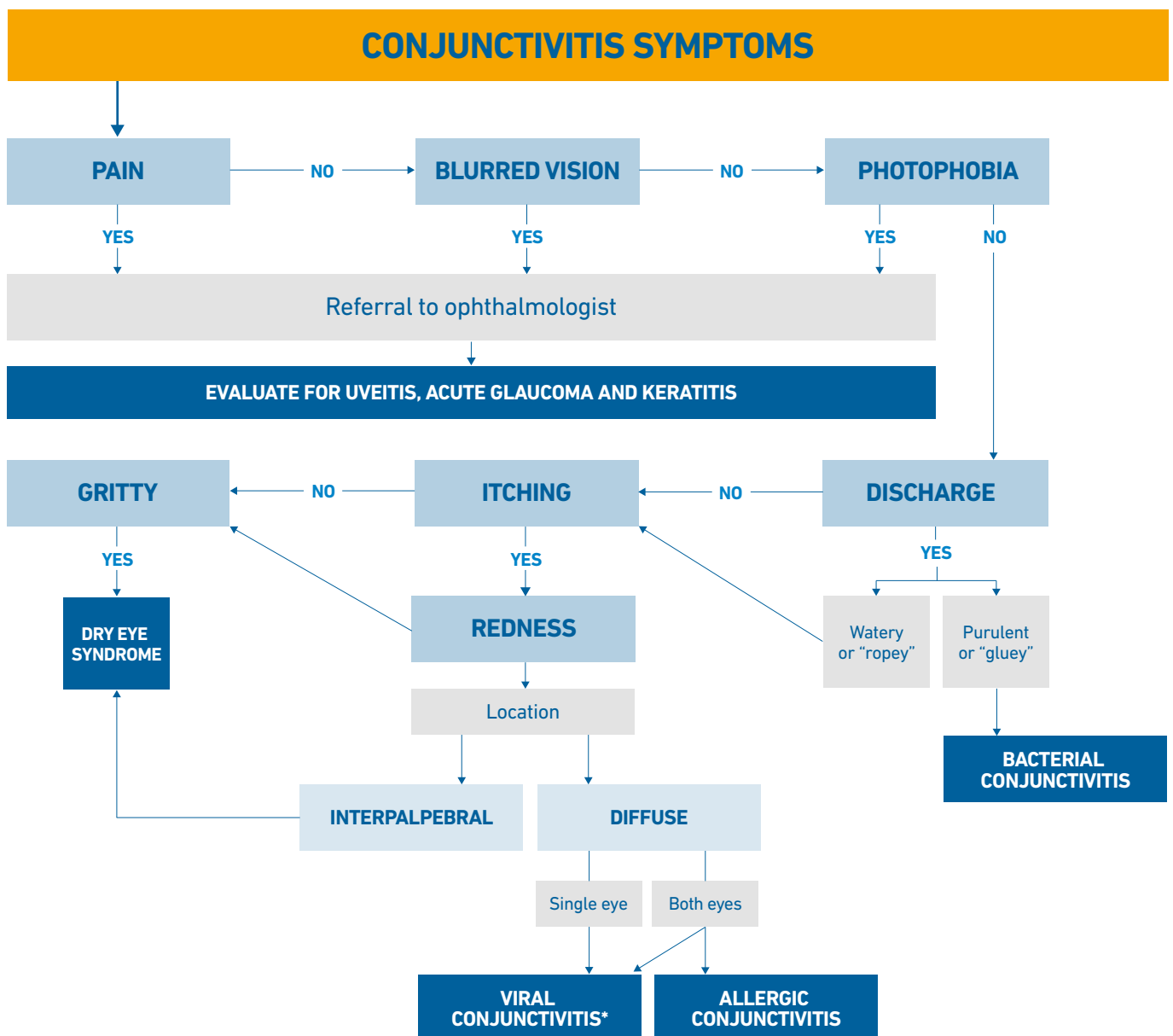


# GENERAL PRACTICE INFORMATION

## CONJUNCTIVITIS/RED EYE

Conjunctivitis/red eye is a common presentation to primary care, including GPs. This flowchart can be used to help identify and triage patients with suspected conjunctivitis.

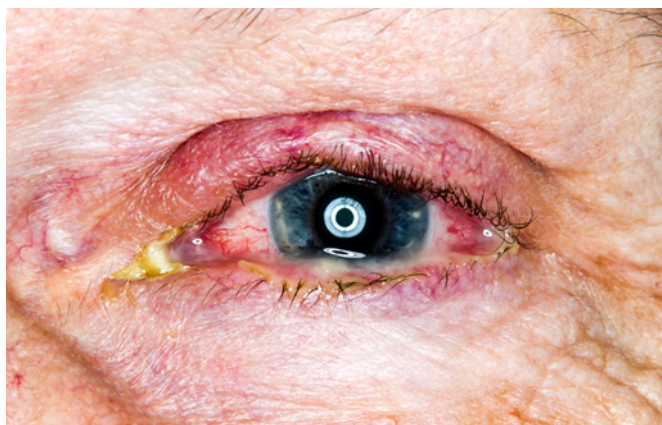


\*Starts unilaterally but may have spread to both eyes by the time they present to the clinic.

## Preferred practice patterns for conjunctivitis

DIAGNOSIS	TREATMENT	EXTRA TESTS	DURATION
<b>Bacterial</b>	<ul style="list-style-type: none"> <li>Topical antibiotics</li> </ul>	Culture if gonococcal or chlamydial origin	2–5 days in mild-to-moderate cases
<b>Viral</b>	<ul style="list-style-type: none"> <li>None except patient isolation</li> <li>Artificial tears and/or oral analgesics may mitigate symptoms</li> <li>Topical corticosteroids in severe cases</li> </ul>	PCR for confirmation	1–2 weeks
<b>Allergic</b>	<ul style="list-style-type: none"> <li>Artificial tears</li> <li>Cold compress</li> <li>Topical antihistamines</li> </ul>	None	1–3 days

Adapted from: Varu DM, Rhee EK, Akpek EK *et al.*<sup>1</sup>



Bacterial conjunctivitis



Viral conjunctivitis

#### Reference:

1. Varu DM, Rhee MK, Akpek EK, et al on behalf of American Academy of Ophthalmology Preferred Practice Pattern Cornea and External Disease Panel. Conjunctivitis Preferred Practice Pattern®. Ophthalmology. 2019 Jan;126(1):P94–P169.

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