

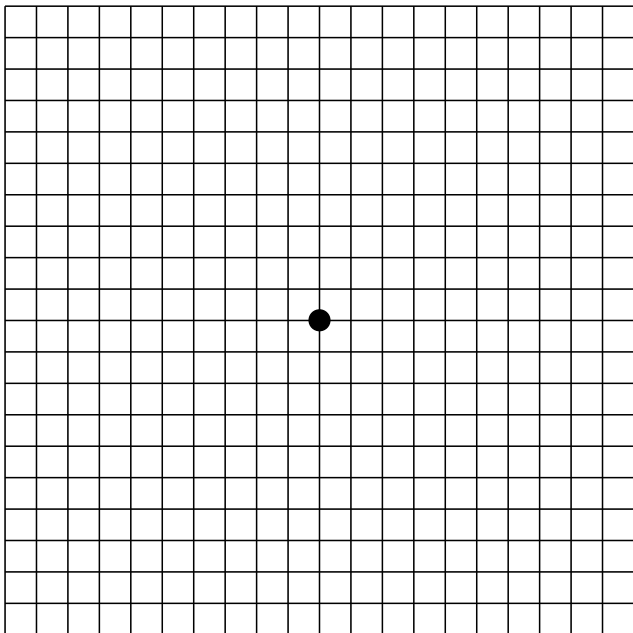


Scan to learn more  
about macular  
degeneration

# AMSLER GRID EYE TEST

**Test both eyes weekly for the early detection  
of macular degeneration.**

1. If you normally wear glasses to read, put them on.
2. Hold this page at your normal reading distance.
3. Cover one eye and focus on the dot in the centre.
4. If you notice any of the grid lines are wavy, missing or blurred, contact your usual eyecare provider immediately.
5. Repeat with the other eye.



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