

OUR DOCTORS



Dr Helen Garrott

MBBS(Hons) BMedSc FRANZCO

Dr Helen Garrott is an internationally trained ophthalmologist with over 15 years of experience. She specialises in reconstructive eye surgery (oculoplastics), including orbital surgery, complex tear duct surgery and the management of eyelid cancers. Dr Garrott is also a leading specialist in thyroid eye disease and offers medical and surgical treatments for the condition.

In addition to the excellence in clinical care she provides, Dr Garrott continues to contribute to ophthalmology research, publishing a wide range of research papers in globally acclaimed journals and delivering presentations at national and international ophthalmic conferences.

Dr Garrott is also involved in training the next generation of ophthalmologists. She teaches doctors at various stages of their careers and has written a book chapter on eye disorders.

BACKGROUND

Dr Garrott received her Bachelor of Medicine and Bachelor of Surgery with honours at the University of Melbourne. She went on to complete her ophthalmology training at world-leading hospitals, including the Royal Victorian Eye and Ear Hospital, and the prestigious Moorfields Eye Hospital and Bristol Eye Hospital in the UK.

Subsequently, Dr Garrott completed further subspecialty surgical training, including an oculoplastic fellowship at the Bristol Eye Hospital, UK, and an orbital fellowship at Moorfields Eye Hospital, UK.

Dr Garrott is committed to offering the most advanced and up-to-date clinical care for her patients and is a frequent contributor and regular presenter at local and international ophthalmology conferences. She has an expansive research output dating back to 2003, focusing primarily on oculoplastic surgery and thyroid eye disease.

Dr Garrott is also an organiser of leading ophthalmic annual meetings – including the South West Ophthalmic Society Meeting and the British Oculoplastic Surgery Society Annual Meeting – which provide clinicians with training and expertise on the newest research and treatment techniques.

OTHER PROFESSIONAL ACHIEVEMENTS

- Speaker at the Swiss Academy of Ophthalmology conference, 2020
- Lecturer and anatomic demonstrator, head and neck anatomy for the Cutaneous Surgeon Course, Bristol, 2017–2018
- Presenter at World Ophthalmology Congress, Tokyo, 2014
- Author of orbital and cavernous sinus disorders chapter, E-brain
- Lead for the Orbital Service, Bristol Eye Hospital, 2010–2013
- Organiser of the British Oculoplastic Surgery Society (BOPSS) Annual Scientific Meeting, Bristol, 2013
- Organiser of South West Ophthalmic Society Annual Scientific Meeting, Bristol, 2011
- Orbital meeting coordinator, Moorfields Eye Hospital, 2009
- Orbital meeting coordinator, Bristol Eye Hospital, 2008
- Melbourne Annual Ophthalmic Alumni Meeting organiser, 2005
- Royal Victorian Eye and Ear Hospital Weekly Alumni Meeting organiser, 2005

PROFESSIONAL MEMBERSHIPS

- Royal Australian and New Zealand College of Ophthalmologists (RANZCO)
- Member of the British Oculoplastic Surgery Society (BOPSS)
- Member of the South West Ophthalmic Society (SWOS)



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AWARDS

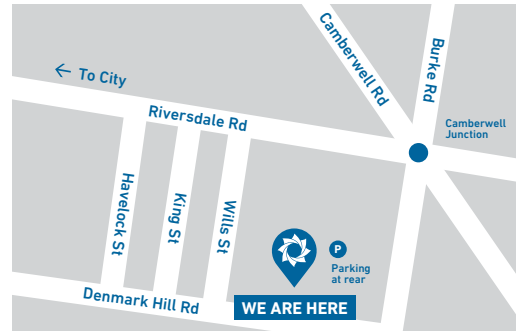
- Leonard Mitchell Prize in Ophthalmology
- JP Ryan Prize for General Surgery, Royal Australasian College of Surgeons
- Alison Howorth Prize, Rheumatology
- Highest final year and overall medical school marks, Royal Melbourne Hospital
- Ken Grice Prize, Best 4th Year Student, Royal Melbourne Hospital
- Dean's Honours List (1998, 2000)
- Bayer Diagnostics Prize in Biochemistry, third-year academic achievement and the highest proficiency in biochemistry
- Admission to the Golden Key Honour Society
- Cyril Barnett Prize, graduating BMedSc student with highest marks in anatomy
- CA and LH Greatrex Medical Prize, best Tasmanian first-year student

LOCATIONS

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