

OUR DOCTORS



Dr Rushmia Karim

BSc MBBS MMed(Clin Epi)(Hons) MMed(Ophth Sci) Genomics(PGCert)
FRCOPHTH FRANZCO

Dr Rushmia Karim is a UK-trained ophthalmologist and skilled surgeon whose specialty areas include laser assisted and manual cataract surgery, ocular motility and alignment, and complex strabismus (squint) surgery. She also performs general ophthalmic surgery including pterygium removal, eyelid surgeries such as blepharoplasty, chalazion, ectropion and entropion surgery, and administers Botox for hemifacial spasm and ocular misalignment.

Dr Karim enjoys treating all general eye conditions seen in adults and children and has a special interest in neuro-ophthalmology (nerve-related vision problems).

BACKGROUND

After completing her medical degree at the University of New South Wales and masters qualifications at the University of Sydney, Dr Karim ventured to London to where she undertook postgraduate ophthalmology training. Dr Karim's experiences abroad include a four-year vocational program at the prestigious Moorfields Eye Hospital, where she completed a fellowship in strabismus and paediatric ophthalmology. She also has sub-specialty training in neuro-ophthalmology. Dr Karim was the Head of the Paediatric Eye service at the distinguished Prince Charles Eye Unit at the Royal Berkshire Hospital Trust, Reading, UK, before returning to Sydney.

Dr Karim is a committed medical researcher, having contributed to multiple Cochrane reviews, randomised controlled trials and additional published articles. This includes the Cochrane review, 'Corneal collagen cross-linking for treating keratoconus', which paved the way for the intervention to be funded by the National Health Service (NHS) in the UK. This paper is widely used and referred to worldwide.

Dr Karim has chaired conference sessions as an expert researcher. She is currently interested in genomics medicine and eye disease, having recently completed a certificate in genomics at Imperial College.

In addition, it was Dr Karim's dedication to high-quality research that helped secure her a prestigious appointment as an expert panel member with the National Institute for Health and Care Excellence (NICE). NICE is the foremost organisation promoting health and social care through evidence-based medicine in the UK.

Dr Karim has travelled the world presenting her research findings. Notably, she was awarded the best presentation at the 2013 European Society of Cataract and Refractive Surgeons (ESCRS) Winter Meeting for her contribution entitled, 'ESCRS management of patients with Herpetic eye disease undergoing cataract surgery in the United Kingdom: A survey'.

Dr Karim is a dual Fellow of the Royal Australian and New Zealand College of Ophthalmologists, and a Fellow of the Royal College of Ophthalmologists, UK. She is also a RANZCO board examiner for physiology and sits on the Public Health Committee.

Further to this, Dr Karim is a member of the British & Irish Paediatric Ophthalmology & Strabismus Association (BIPOSA), the European Society of Cataract & Refractive Surgeons (ESCRS), the International Strabismological Association (ISA), and the World Society of Paediatric Ophthalmology and Strabismus (WSPOS).

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PROFESSIONAL MEMBERSHIPS

- Fellow of the Royal Australian and New Zealand College of Ophthalmologists (RANZCO)
- Fellow of the Royal College of Ophthalmologists, United Kingdom
- Member of the British and Irish Paediatric Ophthalmology and Strabismus Association (BIPOSA)
- Member of the European Society of Cataract & Refractive Surgeons (ESCRS)
- Member of the Australian Medical Association
- Member of the International Strabismological Association (ISA)
- Member of the World Society of Paediatric Ophthalmology and Strabismus (WSPOS)
- Member of the National Institute for Health and Care Excellence (NICE)
- Member of the General Medical Council (GMC)
- Cochrane committee member

OTHER PROFESSIONAL ACHIEVEMENTS

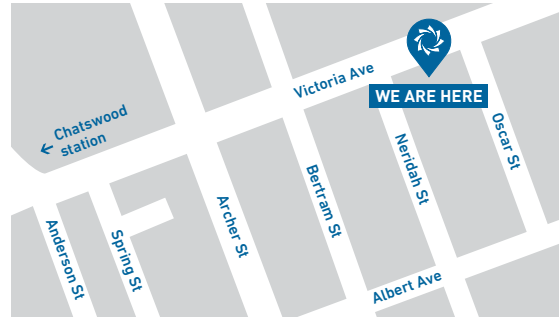
- Board member for the Australian Society of Ophthalmologists
- Permanent peer reviewer, Dove Medical Press, Publications peer reviewed for *Clinical Ophthalmology*, *Clinical Audit and Therapeutics* and *Clinical Risk Management*
- Former peer reviewer: Reviews for *Ophthalmology*, *Ophthalmic Plastic and Reconstructive Surgery*, *Archives of Ophthalmology* and *BMJ Case Reports*
- Best presentation: ESCRS management of patients with Herpetic eye disease undergoing cataract surgery in the United Kingdom: A survey. European Society of Cataract & Refractive Surgeons: ESCRS Winter Meeting, Warsaw, 2013

LOCATIONS

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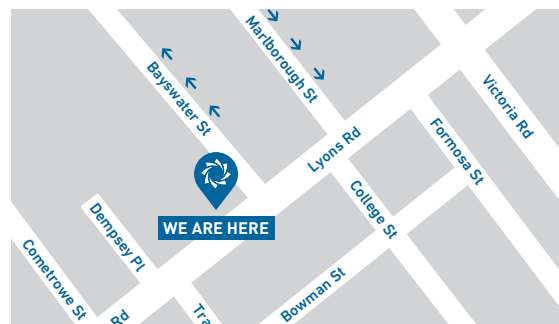
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