



GENERAL INFORMATION

MOSMAN CLINIC

SPECIALIST EYE CARE FOR PATIENTS

Our clinic provides comprehensive, high-quality eye care to Mosman and surrounding areas. Using the latest equipment and technology, our friendly and experienced clinical team deliver a wide range of ophthalmic services. In addition to treating general eye conditions, our doctors specialise in the diagnosis and management of glaucoma, cataracts, and retinal and corneal conditions. We also offer paediatric services for your child's vision needs.

We always endeavour to accommodate emergency situations – please call the clinic if you require urgent eye care.

Surgical procedures are performed at our affiliated day surgery, Vision Day Surgery Chatswood.

Fully accredited

Vision Eye Institute is committed to continuously monitoring and improving customer service.

Our practice has developed a quality management system to meet the requirements of the International Organisation Standards ISO 9001:2015 and National Safety and Quality in Health Services Standards (NSQHS), and achieve certification. These standards focus on the effectiveness of a practice's quality management system in meeting the needs of its customers.

Please let our reception staff know if you wish to provide feedback about our service – we welcome and appreciate your input.



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FULL-SERVICE CLINIC

Our clinic is fully equipped for ophthalmic consultations, diagnostic testing and minor procedures. We provide a wide range of services for our patients, from general eye checks to diagnosis and treatment of complex eye conditions in both adults and children.

CATARACT & LENS SURGERY



Cataract treatment involves keyhole surgery to remove the cloudy lens, which is replaced with an artificial intraocular lens. Cataract surgery is the most common eye surgery performed in the world and has a high success rate.

Our surgeons perform laser cataract surgery and, in some cases, can help patients get rid of their reading glasses by using the latest lens options. Cataract surgery is performed at Vision Day Surgery Chatswood.

GLAUCOMA



While glaucoma cannot be cured, treatments can generally control or slow disease progression. Increased pressure inside the eye causes damage to the optic nerve and leads to irreversible vision loss. Treatment involves lowering eye pressure by improving fluid drainage.

Most patients can manage their glaucoma with medicated eye drops, but sometimes another type of treatment is necessary. Your doctor may recommend laser treatment, filtration surgery or minimally invasive glaucoma surgery to improve fluid drainage from the eye.

DIABETIC EYE DISEASE



Patients with type 1 diabetes and many of those with type 2 diabetes will usually develop eye complications within 20 years, such as cataracts, glaucoma or diabetic retinopathy. Our doctors have expertise in diagnosing and treating eye conditions in patients with diabetes.

RETINAL CONDITIONS



We treat all conditions that affect the retina (the light-sensitive tissue at the back of the eye) and macula (the part of the retina responsible for central vision). These include age-related macular degeneration, epiretinal membrane, macular hole, floaters, retinal detachment and diabetic retinopathy. Many of these conditions can be sight threatening and require urgent treatment.

Your retinal specialist may recommend eye (intravitreal) injections, retinal laser treatment or sutureless retinal surgery, depending on your condition.

CORNEAL CONDITIONS



We treat corneal disorders such as pterygium (Surfer's Eye), keratoconus, corneal ulcers, recurrent corneal erosion and corneal dystrophies. Our corneal specialists are experts in pterygium removal, corneal transplantation, corneal ring implants and collagen cross-linking.

DRY EYE



Our dry eye specialists are able to provide patients with a range of treatments for dry eye.

RECONSTRUCTIVE EYE SURGERY



Some patients require surgical treatment of the eyelids, tear (lacrimal) ducts and/or the eye socket (e.g. for eyelid tumours, eyelids that do not align properly, drooping eyelids and blocked tear ducts). This type of reconstructive surgery is also referred to as oculoplastics and is performed in a day surgery.

GENERAL EYE HEALTH

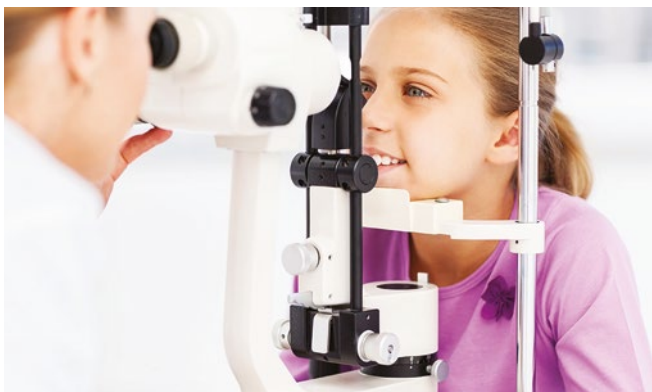


Patients can also have a comprehensive eye check at our clinic, and treatment for more general eye conditions.

CHILDREN'S EYE HEALTH



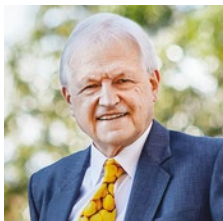
We offer comprehensive eye examinations for children and treat the range of paediatric eye conditions such as lazy eye (amblyopia), crossed eyes (strabismus), droopy eyelid (ptosis) and congenital cataracts and glaucoma.



All medical and surgical procedures have potential complications. Check with your ophthalmologist before proceeding.

HIGHLY EXPERIENCED SPECIALISTS

Doctor partners



Dr Jeff Friedrich

Medical Retina, Glaucoma, General Ophthalmology

Dr Friedrich specialises in medical diseases of the retina. He also treats glaucoma and general eye conditions.

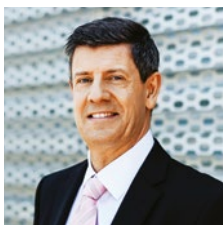


Dr David Ng

Cataract and Laser Cataract Surgery, Glaucoma, Diabetic Eye Disease, General Ophthalmology

Dr Ng specialises in general ophthalmology. He performs cataract surgery and treats glaucoma, medical diseases of the retina and diabetic eye disease.





A/Prof Tim Roberts

Cataract and Laser Cataract Surgery,
Glaucoma Surgery

A/Prof Roberts specialises in
glaucoma and cataract surgery.



Dr Athena Roufas

Cataract and Laser Cataract Surgery, Cornea
and Anterior Segment Surgery, Glaucoma,
Dry Eye

Dr Roufas specialises in
corneal conditions, glaucoma
and cataract surgery.



Associate doctors

Prof Frank Martin

Paediatric Ophthalmology and Strabismus

Dr Jerome Ha

Oculoplastic and Reconstructive Surgery

Practice Manager

Eileen Hollifield

CONVENIENTLY LOCATED

Our clinic is located on Military Road in Mosman, only 10-minutes from the city centre and with easy access to the Harbour Bridge and Harbour Tunnel. Parking is available on Paraween Street and other nearby streets. Disabled parking is available on Belmont Road.

Most bus routes stop directly outside the clinic. If coming via train, these bus connections can be accessed from Wynyard, North Sydney, St Leonards and Chatswood stations. From the Northern Beaches, take the B-Line service to Spit Junction, which connects to express bus routes 246 or 249 plus many non-express buses that stop directly outside the clinic.

The clinic is located on the ground floor (enter via Belmont Road) and has convenient access for people with limited mobility.



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Transforming lives. That's our vision.