

Stargardt's disease



What is Stargardt's disease?

Stargardt's disease is a type of macular degeneration that typically surfaces before the age of 20. It causes a progressive loss of central vision of both eyes, but does not affect peripheral vision.

What are the symptoms?

Symptoms may include:

- Blurred vision
- Deterioration of central vision
- A central blind spot
- Diminishing ability to perceive colours
- Difficulty adapting from bright sunlight to a dimmer room
- Who is at risk?

This disease is usually an inherited, autosomal recessive disorder. In order to pass Stargardt's disease to the next generation, both parents must carry the recessive gene.

There is also a rarer dominant form of Stargardt's disease.

Can it be treated?

Unfortunately, there is no known cure for Stargardt's.

Laser treatment is sometimes recommended, but it will not restore vision or stop the progression of the condition.



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